



## BOLSHAW PRIMARY SCHOOL SUN SAFETY POLICY 2022

At Bolshaw Primary School, all Governors and staff are fully aware of the dangers that over exposure to sunlight can have on skin. In line with government and Stockport Local Authority guidelines, our sun safety policy provides our school with the processes, protocol and advice we use with our children and carers.

### Implementation

As a school, we will:-

- Promote the awareness of children and staff, through encouraging sun safety, including reminders in newsletters and in assemblies.
- Implement the concepts of Stockport's 'Slip, Slop, Slap, Seek, Slide' programme that aims to reduce exposure to the sun between 11 a.m. and 4 p.m. through seeking shade. The main theme of this programme is:
  1. **SLIP!** – on clothing to cover your arms and legs
  2. **SLOP!** – on sunscreen with SPF 15 or higher
  3. **SLAP!** – on a wide-brimmed hat
  4. **SHADE!** – stay in the shade especially between 11am and 3pm
  5. **SLIDE!** – on the sunglasses



### As a school we:

- Provide information for parents & carers – for example, information shared by the Dept. of Health and Social Care is published on the school website.
- Encourage positive role modelling by staff – i.e. wearing suitable clothing, hats, sunscreen and sunglasses
- Keep an eye on the global solar UV index. The index uses numbers to indicate the risk of getting sunburnt each day. Available at [www.sunsafeschools.co.uk](http://www.sunsafeschools.co.uk)
- Encourage children to wear a hat (legionnaire style or broad brimmed)
- Encourage children to wear sunglasses
- Encourage carers to use, and send into school, a high factor sunscreen on their child at least SPF 15 and UVA 4 stars
- Allow children to access sun free areas between 11am and 3pm
- Ensure children have access to extra fluids during the day.
- In extreme cases, consider making arrangements with carers for particularly vulnerable children.
- Suggest using sun safety lip balm with an SPF of 20 or higher
- Encourage parents and carers to perform regular skin examinations on their children and themselves

### Application of Sun Cream

- Parents and carers should apply cream to their child before the start of school. The sunscreen must be a high factor sunscreen on their child at least SPF 15 and UVA 4 stars
- All children are encouraged to bring in their own sunscreen and reapply during the day. The recommendation is that sunscreen should be applied 20 minutes before sun exposure and then every 2 hours (or more if the cream is likely to come off due to perspiring or swimming)
- Normally pupils will be encouraged to apply their own cream (preferably a 'roll on' style) under the supervision of an adult. We remind children that sunscreen should not be rubbed in too hard – it should be patted or smoothed onto the skin. A generous amount should be applied to clean, dry exposed skin. Attention should be paid to areas like the tops of the ears, back of the neck, shoulders and feet, as these areas are often forgotten. We also remind the children to not get sunscreen in eyes, nose or mouth.
- Staff may help children apply cream to face, neck and arms only when parents have supplied a **written request**. Children should apply cream to their own legs. Adults may only apply cream when another adult is present.
- All pupils' sun cream must be clearly labelled. No child should share products belonging to other children.
- Children are encouraged to wash their hands after applying sunscreen.
- When children bring in their own sun cream we store them in a cool, dry place in the classroom. Sun cream is accessible at all times during the school day and is taken out at lunchtimes and kept in the shade so children still have access to it.

## **Sun cream guidelines for parents and carers**

- Price is unimportant when buying sun cream, as long as it has at least 4 stars and is SPF 15+. It can expire quickly so new sun cream needs to be bought every year.
- Sun cream in school is treated as any other medication. Children should only use the sun cream bottle provided by their parent or carer and it must be clearly labelled with their name.

## **Supporting Strategies**

- Children who have not been provided with sun cream will be encouraged to use the shade
- We remind parents in newsletters and seasonal reminders.
- Sports Days will only take place if the weather is suitable
- At lunchtimes, no exertive play will take place. All children will be able to take part in low-level exertion games in shaded areas.
- Children are allowed to take their tie off and have their top button undone during hot periods.
- Fans are installed around school
- Gazebos, parasols, shaded areas under trees are available outside during hot sunny periods
- In extreme heat, indoor areas will be made available at lunchtimes and children with no sun cream/ hats will be expected to use these
- Adults should set an example by adhering to sun-safe practices
- The dangers of sun will form part of the school curriculum